

SEAMUS McGUIRE

Ranney School | Tinton Falls, New Jersey

Short hurdles · Sprints · Jumps

RECORDED PERSONAL BESTS

EVENT	BEST	CONDITIONS / DISTINCTION	MEET
110m hurdles	16.95	39 in · 2.3 m/s headwind · School record Won heat 7 by 2.50 s	1
55m hurdles	8.17	Indoor · 39 in	2
High jump	5 ft 10 in	Shared school record	1
100m	11.92	0.4 m/s headwind	1
Long jump	18 ft 11.75 in		3
55m	7.01	Indoor	4
200m	25.26	Indoor	4

SEASON-BEST PROGRESSION

55m hurdles · Indoor

10.43 → 8.96 → 8.17

2024 2025 2026

55m · Indoor

7.84 → 7.70 → 7.01

2024 2025 2026

100m · Outdoor

12.72 → 11.92

2025 2026

2026 NJISAA Prep B 55m hurdles champion

8.29 · February 2026

ACADEMICS

Ranney School

Independent college-preparatory school

Cumulative GPA · Grade 11 report

87.20 / 100 · Unweighted

SAT 1180 600 Reading/Writing · 580 Math

School-reported GPA; SAT score supplied by family.

RECRUITING CONTACT

Family contact

23mcguires@gmail.com

Athlete website

seamusmcguiretrack.com

MEET KEY

- Apr 11, 2026 · Georgian Court University HS Challenge
- Feb 20, 2026 · NJSIAA Group NonPublic A & B Championships
- Apr 4, 2026 · Rocket Relays
- Feb 10-11, 2026 · NJISAA Prep A & B Indoor Track Championships

MileSplit results · Ranney records · Ranney championship report